

BOTOX[®] and Dermal Fillers Post Augmentation Care

Immediate Care:

- Do not massage, rub or apply pressure to the treated area 6 hours following treatments.
- Avoid aspirin products for a few days following treatment.
- Avoid exposure to the sun and cold outdoor activities until redness from treatment disappears.
- Do not exercise (running, aerobics, weight lifting, etc) for 24 hours.
- Post Dermal Fillers: Apply ice over the treated area immediately after treatment to reduce swelling.
- Post BOTOX[®]: Stay erect; do not lie down for at least 4 hours.

You May Experience the Following:

- Dermal Fillers: Mild to moderate bruising is common
- BOTOX[®]: Bruising is rare
- Occasional tingling sensations.
- An immediate headache.

Additional Instructions:
